

## **DIABETES: ADDITIONAL RESOURCES**

### **TRICOUNTY PREVENTION EFFORTS:**

- **United Way** supported local coalition for diabetes and prediabetes prevention in the Tricounty area
  - <https://www.tuw.org/tri-county-diabetes-coalition>
- **Healthy Tri-County** that provides screening opportunities, more information and preventative efforts:
  - <https://www.healthyttricounty.com/diabetes-prevention-tri-county>
- **Access Health Prevent T2 Program:** program to decrease the risk of developing Type 2 diabetes by half for those diagnosed with prediabetes
  - For more information on how to enroll, call 843-724-2237 or visit [www.ahtricounty.com/diabetes-prevention-program/](http://www.ahtricounty.com/diabetes-prevention-program/)

### **Local Charleston Free Or Reduced Cost Clinics:**

- **Fetter Healthcare Network**, 51 Nassau St, Charleston, SC 29403
  - Clinic network that accepts patients with a variety of different insurance coverage and uses a sliding scale system for those without insurance.
  - Call (843) 722-4112 or visit <https://fetterhealthcare.org/> to find your closest Fetter Clinic and schedule an appointment.
- **CARES Free Medical Clinic**, 1145 Six Mile Road, Mount Pleasant, SC 29464
  - MUSC student-run clinic that provides patients without insurance with free medical care.
  - Call (843) 876-7097 to schedule an appointment
- **Harvest Free Medical Clinic**, 1670 Dry Dock Ave, Bldg 10, North Charleston, SC 29405
  - Appointment only, no walk-ins. Call (843) 747-3526 to schedule an appointment.
  - Eligibility: no insurance (including Medicare, Medicaid, or veterans benefits) and household income less than 200% of the federal poverty level.
  - See <http://hfmc.org/index.html> for more information.
  - Also hosts Fight for Sight clinic with MUSC ophthalmologists a few times a year with limited availability. The Fight for Sight clinic offers comprehensive ophthalmology exams but does not offer prescription for glasses at this time. Call clinic for more information.
- To find other clinics, visit this website: <http://www.handsonhealth-sc.org/golocal/golocal.php?t=1&nid=4&mcity=2&filter=L48>

### **DIABETIC-FRIENDLY RECIPE IDEAS:**

- <https://www.diabetesfoodhub.org/>

### **MORE INFORMATION AND SUPPORT:**

- <https://www.diabeteseducator.org/living-with-diabetes>
- <https://www.diabetes.org/tools-support>
- <https://www.novomedlink.com/diabetes/patient-support/disease-education/library.html>